



SHAPE Arkansas 2025 Fall Conference



Thursday, November 13, 2025

City Center - 315 N Shackleford Rd, Little Rock, AR 72211

Time:	Session/Location: Main Hall	
8:30-9:00 am	Registration - Vendor Meet/Greet	
9:00-9:50 am	US Games - Ready, Set, OPEN! Flag Football Fun for all Students! <u>Presenter - Brian Devore</u> Flag football is growing across the US, and OPEN has free resources for elementary and middle school PE programs to help students prepare to pursue their dreams on the gridiron! This activity-based session will take participants through activities in OPEN's free Flag Football modules for grades 3-5 and 6-8. Teachers will leave with tools to teach their students passing, catching, evading opponents, basic rules, and game play, so students have the confidence and competence to participate moving to high school! Join in the action to learn more about this latest trend!	
10:00-10:50 am	US Games - Holidays in Motion: PE Fun for Every Season <u>Presenter - Brian Devore</u> This activity-based session will explore active and inclusive activities for PE that can be used to celebrate holidays! Discover fun ways to promote movement, cultural appreciation, and community spirit in your gym or classroom through joyful, seasonal play! Discover fun ways to incorporate holidays into PE, supporting physical development while fostering a welcoming environment for all students.	
11:00-11:50 am	GOPHER - Action! Team Games <u>Presenter - Brock Naber</u> Gopher Sport will be leading participants through a workshop focused on a few of our newest activities! We won't just be playing games, though; we'll also be showcasing some great classroom management and skill development pieces you can take home and implement in your class. Get ready to sweat, learn, and have some fun!	
12:15-1:50 pm	LUNCH & All Conference Session *Keynote Speaker - Tyler Tarver with Google - Future Focused Education This session will highlight practical ways to integrate AI tools into the classroom, share time-saving strategies, and demonstrate effective prompts and sites educators can use to enhance teaching and learning. Plenary & Roundtable Discussion	

	Auditorium (Left)	Classroom (Main Lobby)
2:00-2:50 pm	Incorporating Conservation, Outdoor Education and Cross Curricular Activities in your PE Program. <u>Presenter - Lindsay Beaton</u> In this session, we will learn about incorporating Outdoor & Conservation Education into their PE Classrooms as well as other Cross-Curricular Activities to incorporate into PE! The Outdoor & Conservation Education activities can easily be implemented in PE Classes K-12. The Cross-Curricular Activities will be more suited to K-5 PE.	Secondary - The Injury Assessment Process for Coaches & Teacher <u>Presenter: Bryan Dorrel</u> This presentation is an overview of the musculoskeletal injury assessment process utilized by medical professionals. The purpose of this presentation is to give teachers and coaches foundational knowledge of the injury assessment process to assist sports first aid-trained individuals in ruling out severe and grossly unstable musculoskeletal and joint injury.
3:00-3:50 pm	Groove & Grow: Dance Activities That Move the Mind & Body <u>Presenter: Dave Senecal</u> Georgia PE, Lala Palooza Innovative Moves: Dance Your Way to Fun & Learning. Dance doesn't have to be just about rhythm-it's a tool for learning, creativity, and expression. In this session, you'll learn how to integrate innovative dance routines that energize students, foster collaboration, and support physical and social development. These activities will help you turn movement into an exciting learning experience for all students.	Higher Ed - The Ottawa Ankle Rules <u>Presenter: Bryan Dorrel</u> The Ottawa Ankle Rules are a quick, effective, and highly sensitive (98%) simple palpation assessment that helps first aid providers to rule out ankle sprain.  Simmons Bank THE PHARMACY at Wellington
6:00-7:00pm 	Arkansas Teachers Celebration Hall of Fame & Honors Gala	



7:00 pm

Bennett Hall Band Concert





Friday, November 14

Time:	Session:	
8:00-8:50	Registration - Vendor Meet/Greet	
9:00-9:50 am	All In, All Moving: Big Group Games with Bigger Impact <u>Presenter: Dave Senecal</u> Maximizing Movement: Large Group Games for Dynamic Participation Learn how to effectively manage large groups while keeping all students actively engaged. This session will cover a range of exciting, inclusive games that promote full participation, teamwork, and physical activity, no matter what size your class. Perfect for boosting energy and ensuring no one is left out.	Higher Ed - MY JOURNEY (SO FAR) IN USATF AND HOW YOU CAN, TOO! <u>Presenter: Kristi Pollard</u> As a USATF Official, I have had the opportunity to go places and meet people I never would have imagined. This is an opportunity for anyone in the HPE community to participate in. I have worked at local, state, regional, National and international meets and want to share my experiences in an effort to attract more officials to the USATF.
10:00-10:50 am	Better Together - Teamwork in Motion <u>Presenters: Karin Cude, Cherish Holt, Kassie Mayberry, Jonathan Ross, Nina Chiolino, Cathryn Bass</u> Get ready to move, play, and connect! This high-energy session is packed with cooperative games that not only get your students active but also build teamwork, communication, and problem-solving skills. Presented by a dynamic team, this session is hands-on—so come ready to participate! You'll walk away with fresh, practical ideas that you can bring back and immediately integrate into your PE program.	Secondary - The Body Remembers: Using Storytelling to Teach Health with Compassion <u>Presenter: Caroline Mtambalika</u> A brief talk through health, trauma and healing, and the impact during the formative years. How can we create safe spaces for the personal stories & lived experiences of students who have faced illness, trauma or major life changes. What does movement look like for them, both literally and figuratively? Ultimately we walk away with the tools to support them & tread sensitive topics with empathy.
11:00-11:50 am	Fitness in Disguise: Sneaky Fun That Gets Kids Moving <u>Presenter: Dave Senecal</u> Camouflaging Fitness - Making Movement Fun Again. Say goodbye to boring push-ups and sit-ups! This session shares creative ways to camouflage fitness through fun, high-energy games that build strength, endurance, and agility - without students even realizing they're working out. Walk	Higher Ed - Smarter Moves: Integrating AI into Physical Education Lesson Planning <u>Presenter: Rockie Pederson</u> Let's explore how Physical Education (PE) teachers can leverage artificial intelligence (AI) to enhance lesson planning, personalize instruction, and improve student engagement. Attendees will be introduced to practical AI tools that support curriculum development,

	away with ready-to-use activities that boost motivation, reduce fitness anxiety, and make movement meaningful and enjoyable for all.	such as activity generators, fitness assessment analyzers, and adaptive learning platforms. The session will highlight real-world examples of integrating AI to accommodate diverse learning needs and streamline administrative tasks. By the end of the presentation, participants will be able to identify at least two AI-based tools that can support effective, inclusive, and data-informed lesson planning in Physical Education settings.
12:00-1:00 pm	Lunch & Speakers <u>Stacey Schratz</u> - Health Care Transition from Pediatric to Adulthood	
1:00-1:50pm	Special Olympics Arkansas and Unified Champion Schools <u>Presenter: Jennifer Edwards</u> Through adapted physical education resources, students with special needs can safely and successfully participate in physical education and learn fitness and wellness skills alongside their counterparts without special needs. Together, they will learn skills that can prepare them for a lifetime of healthy activities. This training will focus on resources that allow an educator to increase physical fitness and sport-specific skills, rules, and strategies, as well as reinforce positive habits and reasoning to make better health and lifestyle choices.	The Outdoors is Calling, We've Answering! <u>Presenter: Karen Fetner</u> Collaborate with fellow physical educators to enhance student well-being through outdoor adventure activities. These lessons build social skills, self-awareness, and perseverance while promoting teamwork and responsible decision-making. Discover K-12 best practices for teaching outdoor pursuits such as hiking, fishing, camping, and adventure hunts that foster patience, focus, and collaboration.
2:00-2:50	Game on! Relay & Team Tennis Games for K-12 PE <u>Presenter: Jared Compton</u> This hands-on session introduces PE teachers to turnkey K–12 tennis activities that work in any gym or playground. From relays to four-square to team singles, you'll walk away with fresh ideas to engage big groups, maximize participation, and make tennis fun for all students.	Arkansas Outdoor Education Pilot Program Information Session <u>Presenter: Nathan Windel</u> <u>Presenter: Nathan Windel, Mary Beth Hatch, Derek Ratchford</u> This session will explore the Arkansas Outdoor Education Pilot Program, an innovative integrating outdoor, place-based learning into K-12 education. Discover how this program uses hands-on experience in nature to enhance student well-being, academic achievement, and environmental stewardship. Attendees will leave with actionable insights for bringing this model to their own schools.
3:00 pm	Closing Ceremony	