

#### "Elevate. Empower. Engage."

- **Elevate** the profession through movement, innovation, and wellness.
- **Empower** educators with practical tools and purpose-driven leadership.
- **Engage** communities by promoting lifelong health and meaningful learning.

#### Thursday, June 5

Pinnacle Mountain Directions

Kayaking Directions

8:00 - 8:30 - Opening & Orientation

8:30-3:30 – Pinnacle Mountain State Park

Thursday, June 5

8:30 🔝 Pinnacle Mountain Summit Hike

11:30 🛁 Kayaking + Water Safety PD with the U.S. Army Corps of Engineers & Lunch

Æquine-Assisted Wellness with AERRS

1:00 🛞 Geocaching in the Park & 🮯 Squid Games (interactive team-building fun)

3:30 – Chenal Promenade Scavenger

6:30 – 🍽 U.S Pizza 6:30

#### Friday, June 6

Joe T Robinson Middle School Directions

8:00 - 8:30 - Opening & Orientation





8:30-9:20 – Group Tennis Games for PE: Maximum Fun with Minimum Equipment - USTA - Kristin Webb & Christ Stuart

9:30-10:20 – Movement Adaptations w/ Physical Therapist-Shandy Toland

10:30-11:20 – Move-It by Curricula Concepts Childhood Gross Motor Strategies

11:30-12:20 – Bikes in Schools w/ Olivia Zimmerman

1:00 -6:00 pm – Pickleball Fundamentals & Social

#### Saturday, June 7

- Pickleball Tournament (12:00 - 8:00)

– Little Rock Athletic Club Indoor Pickleball Center









## THE REARMACF at Wellington





# LITTLE ROCKINIA IIII CHIROPRACTIC & ACUPUNCTURE



#### Monica Hall, M.D.

**Cataract and Comprehensive Ophthalmologist** 



